

3rd Annual **Running For Their Lives** *Distance Classic*



(Proceeds to benefit the Agape Pregnancy Resource Center of LaCrosse)

What: 5K Run/Walk and 5 Mile Run

When: 8:30 AM – Saturday, June 4, 2011

Pre-Registration: Individual \$20 by May 31, 2011; \$25 thereafter
Family (up to 4 people) \$60 by May 31, 2011; \$65 thereafter
(Save time and register online at www.LaCrossePregnancy.com/walk-run.html)

Race Day Registration: Until 8AM – Packet pick up at LaCrosse Gun Club Shelter in Myrick Park
Individual \$25; Family (up to 4 people) \$65

Course: Scenic LaCrosse Marsh Trail (gravel and blacktop)

Awards: Trophies 1st – 3rd men's and women's divisions overall
Medals for 1st – 3rd men's and women's divisions for each age group

Age Groups: 5K – 5 year age groups 5 Mile – 10 year age groups

Refreshments: Chili Feed after the race

Schwag: Kwik Trip Gift cards, car decal and goodie bag

**COME FOR
THE RUN ---
STAY FOR
THE FUN!**

MAIL IN ENTRY FORM

Mail Completed Form with check to: Running For Their Lives Distance Classic 4687 Jackpot Ave. Sparta, WI 54656

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Alt Phone: _____ Email: _____

Age on June 4th _____ Male Female Race Category: 5K Run 5K Walk 5 Mile

Registration: Individual \$20 by May 31st after May 31st

Family (up to 4 people. Use separate sheets for each entrant) \$60 by May 31st after May 31st

Please make checks payable to Agape Pregnancy Resource Center or Register and Pay online at LaCrossePregnancy.com

Waiver Signature Required

Waiver for General Release, Indemnity, and Hold Harmless Agreement and Covenant Not to Sue. Running and walking a race is a potentially hazardous activity. In consideration for my or my child's participation I do hereby release, indemnify, and hold harmless the City of LaCrosse, the LaCrosse Parks and Rec Department, the Department of Natural Resources, event sponsors, event organizers, the Agape Pregnancy Resource Center, event volunteers, event donors and all others associated with the race from all claims or liabilities arising out of my participation in this event including but not limited to claims for personal injury, illness, death or property damage. I acknowledge and affirmatively accept the risks inherent in participating in this event and expressly agree that I will not initiate suit or any form of litigation or judicial proceeding, and will not make any claim against those mentioned in this waiver. This waver and release shall bind my heirs, personal representatives, administrators and their successors. I further grant permission to all of the foregoing to use any photographs or video of this event for legitimate purposes, including, but not limited to online advertising and promotion. By checking the box below I hereby testify I am over 18 or have permission from a parent or guardian.

Signature (Parent or Guardian if under 18)

Date

